# SAFETYFIRST





Safety Management Services Company, 2012

An affiliate of Cottingham & Butler

Be Safe Out There







# **Winter Driving Tips**

Winter driving can be hazardous and scary, especially in northern regions that get a lot of snow and ice. Additional preparations can help make a trip safer, or help motorists deal with an emergency. This sheet provides safety information to help prevent motor vehicle injuries due to winter storms.

The three Ps of safe winter driving:

**PREPARE** for the trip; **PROTECT** yourself; and **PREVENT** crashes on the road.

## **PREPARE**

**Maintain Your Vehicle:** Check battery, tire tread, and windshield wipers, keep your windows clear, put no-freeze fluid in the washer reservoir, and check your antifreeze.

**Have On Hand:** flashlight, jumper cables, abrasive material (sand, kitty litter, even floor mats), shovel, snow brush and ice scraper, warning devices (like flares), blankets, non-perishable food and water, medication, and cell phone.

**Stopped or Stalled?** Stay in your truck, don't overexert yourself, shine lights, and if you run your truck run it just enough to stay warm.

**Plan Your route:** Allow plenty of time (check the weather and leave early if necessary), be familiar with the maps/directions, and let others know your arrival time.

### PROTECT YOURSELF

\* Buckle up!

### **PREVENT CRASHES**

- \* Slow down and increase distances between cars.
- \* Keep your eyes open for pedestrians walking in the road.
- Avoid fatigue Get plenty of rest before the trip, stop at least every three hours.